

#1



Keeping a Right Spirit in You

Psalm 51:10 KJV Create in me a clean heart, O God; and renew a right spirit within me.

There are several things involved in keeping a right spirit within us.

David found that his sin had scarred and soiled his innermost being.

He observed how an evil heart affected King Saul.

He never wanted his life to become empty and meaningless.

He never wanted the Holy Spirit to withdraw from his life.

After you deal with the guilt in your life, you have to live a life that is free from offense.

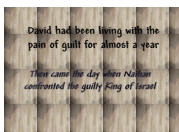
At one time David had lived with everything right between him and God.

David would play his harp and the Spirit of God would come.

He had experienced the peace, joy, power, and presence of God.

When he sinned David lost that and was filled with a guilt that he attempted to hide.

#2



David had been living with the pain of guilt for almost a year

He could find no way to suppress the mental image of his sin.

Although he did not speak of his guilt, it was always present.

He was covering up his sin.

He knew he had transgressed the law and love of the Lord His God.

Then came the day when Nathan confronted the guilty King of Israel.

All of a sudden, everything he had been trying to cover up was exposed.

David had taken Bathsheba, the wife of Uriah.

He had committed adultery with her.

Then to complicate everything, he tried to cover his sin by ordering Uriah to be killed.

David was exposed.

He had a reputation of being a man after God's own heart.

Yet, now, he stood guilty before the man of God.

Psalms 51 is David's prayer for forgiveness.

Oh, God renew a right spirit within me.

What are the affects of a renewed spirit?

A renewed spirit is a spirit after God.

It is easy to become stagnant.

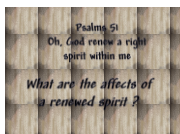
We need our spirit stirred.

We need our spirit renewed with a passion for Christ.

A renewed spirit is a spirit of faith

Doubt, fear, guilt, and unbelief get into one's spirit.

#3



We need faith renewed in our spirit so we will accomplish the things God has for us.

A renewed spirit of compassion

The world and sin have a way of hardening us.

We need to be renewed in our spirit with the love of Jesus Christ.

A renewed spirit of holiness

The salvation that God provides through faith in Jesus Christ is the only solution to a heart and spirit that is defiled by sin.

Holiness is to the soul what health is to the body.

Holiness cannot be possessed if you are controlled by sin.

It is the Holy Spirit’s inner action that changes evil nature and gives holiness and righteousness.

A renewed spirit of joy

No one can experience true joy when their inner man is burdened and stained with sin.

Only God, by Jesus Christ, can give you joy.

#4



How do you keep a right spirit in you?

Follow these steps to keeping what you have gained.

First, Maintain fellowship with God.

Our spirit is in constant need of fellowship with God.

Part of David’s prayer that dealt with the guilt of his sin said: ***“Do not cast me from your presence or take your Holy Spirit from me.”***

David recognized the need to be with God.

**If you are going to keep what you have gained,
you must stay in fellowship with God.**

At one point in David's life, he became so wrapped up in the guilt of his sin that his conscience was completely eaten up by it.

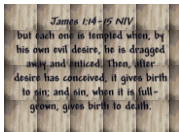
He had been engaged in lust over Bathsheba.

Gradually temptation gained control of his life.

He was drawn away by lust.

His spirit and soul was darkened by sin.

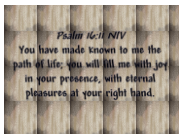
#5



James 1:14-15 NIV but each one is tempted when, by his own evil desire, he is dragged away and enticed. Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.

**You cannot maintain fellowship
with God and live in sin.**

#6

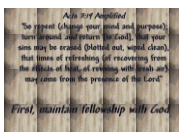


Psalm 16:11 NIV You have made known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.

Have you lost the joy of His presence?

**If the joy is gone, there is only one way to get it
back into your life.**

#7



Acts 3:19 Amplified “So repent (change your mind and purpose); turn around *and* return [to God], that your sins may be erased (blotted out, wiped clean), that times of refreshing (of recovering from the effects of heat, of reviving with fresh air) may come from the presence of the Lord”

#8



Refreshing comes from the presence of the Lord.

Most of us could stand some refreshing.
 God's desire is for His people to be refreshed.
 He wants us to go from strength to strength.
 He wants to transform valleys of weeping into springs.
 He wants us to draw strength from Him.

It appears that David was blinded by his sin.

Sin can have that effect on your life.
 When Nathan told David what he had done, his eyes were opened.

David did not become defensive.

He recognized his need for refreshing.
 He knew he had lost his joy.
 He knew he had strayed from the presence of God.

#9



Second, you need the Holy Spirit.

The Holy Spirit is God's gift to help you keep things right .

Jesus knew that we would need the Holy Spirit's help in our lives.

#10



Acts 1:8 Amplified "But you shall receive power (ability, efficiency, and might) when the Holy Spirit has come upon you, and you shall be My witnesses"

Don't get hung up on doctrine here.
There is more to the Holy Spirit than a doctrine.
Most of us in the church need some help in our daily lives.

The Holy Spirit is God the Helper, Comforter, and Guide.

We need power to keep what we have gained.

We need power to live the life.

We need the power of the Holy Spirit in our lives.

When the Holy Spirit comes upon you He will manifest the power of God that changes the way you live.

Many people are trying to do it on their own.

They try to keep the joy.

They try to keep the peace.

They try to keep the love

They try to keep the kindness

They try...

It is the work of the Holy Spirit that gives us the fruit, and the power.

The Holy Spirit is God's gift that maintains and sustains us.

***David knew he could not
make it without the Holy Spirit .***

He had seen the affect of a life that was devoid of the Holy Spirit.

Have you noticed that the guilt of sin robs you of the evidence of the Holy Spirit?

Live cannot be full, rich, or joyful without the Holy Spirit.

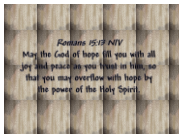
#11



When the Holy Spirit comes into your life, you have peace, joy, and love.

Galatians 5:22 NIV But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness

#12



Romans 15:13 NIV May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

#13



Romans 14:17 NIV For the kingdom of God is not a matter of eating and drinking, but of righteousness, peace and joy in the Holy Spirit,

Sin will rob you of that.

Sin will deplete your joy, peace, and love.

Sin will take the life out of you.

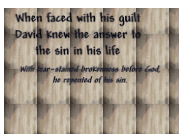
Sin will take you farther than you want to go

Sin will cost you more than you are willing to pay

The Holy Spirit in our lives maintains the nature and character that is consistent with Jesus Christ.

David knew that without the Holy Spirit, life would be miserable.

#14



When faced with his guilt

David knew the answer to the sin in his life.

With tear-stained brokenness before God, he repented of his sin.

He repented for violating God and God's nature.

He cried out for pardon and purity.
He wanted acquittal and acceptance.
He wanted comfort and cleansing.
He was willing to pay the cost.

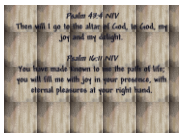
**From a heart that was crushed by
shame and sorrow over sin, he pleaded
for God's mercy and forgiveness.**

*If he was going to maintain a life that was free from
guilt, he needed restoration.*

*He had known the void of a spirit that was depleted and
devastated by sin and guilt.*

He needed God's joy
He needed God's presence
He needed God's Holy Spirit.

#15



Psalm 43:4 NIV Then will I go to the altar of God, to God, my joy and my delight.

Psalm 16:11 NIV You have made known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.

#16



Isaiah 51:11 NIV The ransomed of the Lord will return. They will enter Zion with singing; everlasting joy will crown their heads. Gladness and joy will overtake them, and sorrow and sighing will flee away.

#17



***How do you keep a right spirit?
Third, keep control of your thought life.***

How can we control what we think?

We must learn how to apply a filter to the things that stimulate our thoughts.

Before action come thoughts.
It starts with our thought life.
We all have good and bad thoughts.

We all must learn how to guard and control our thoughts.

Some are negative thoughts and some are destructive.
Some are positive and constructive.

We must learn how to control our thought life.

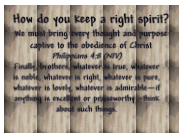
Every thought must be controlled.

This was David's downfall.

He allowed his carnal mind to run free.

He was drawn away by his own lust.

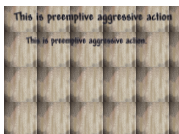
#18



We must bring every thought and purpose captive to the obedience of Christ.

Philippians 4:8 (NIV) Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

#19



This is preemptive aggressive action.

Before negative thoughts take root...change your thinking.

Before evil thoughts bring you into captivity... change your thinking.

Make every thought conform to this rule.

Your thoughts must be true
Think what is noble.
Think what is right
Think what is pure
Think what is lovely
Think what is admirable
Think what is excellent
Think what is praiseworthy

If you do this, the God of peace will be with you.

God's desire for your life is joy and peace .

*After David had sinned, he experienced devastation.
Guilt and shame reigned where joy and peace should be.
He felt unclean and filled with iniquity.
He knew he had transgressed God's law.
His sin was always before him.*

He needed God's help.

These three steps will help you avoid what David experienced.

First, maintain fellowship with God

Don't allow anything to break that fellowship

Second, you need the Holy Spirit

The Holy Spirit is key to the overcoming life.

He was sent to guide, and comfort.

He was sent to give power and strength.

Third, keep control of your thought life

Closely monitor your thought life.

Filter out every thought that is not right in God's sight.

#20

